

RAJAR DATA RELEASE Q1 2026 – May 14th 2026



BREAKFAST SHOWS (WEEKDAYS) NATIONAL STATIONS

STATIONS	SURVEY	WEEKLY REACH	WEEKLY REACH	WEEKLY REACH	% CHANGE	% CHANGE
	PERIOD	'000s	'000s	'000s	REACH Y/Y	REACH Q/Q
<i>Time period varies per station</i>		Q1 25	Q4 25	Q1 26	Q1 26 vs. Q1 25	Q1 26 vs. Q4 25
NATIONAL STATIONS - MON-FRI						
BBC Radio 1 - 07.00 - 10.30am	Q	4072	3865	3908	-4%	1%
BBC Radio 2 - 06.30 - 09.30am	Q	6453	6467	6417	-1%	-1%
BBC Radio 3 - 06.30 - 09.30am	Q	931	840	861	-8%	3%
BBC Radio 4 - 06.00 - 09.00am	Q	5695	5468	5665	-1%	4%
BBC Radio 5 live - 06.00 - 09.00am	Q	1351	1480	1427	6%	-4%
BBC 6 Music - 07.00 - 10.00am	Q		1155	1263		9%
Absolute Radio Network - 06.00 - 10.00am	H	2324	2217	2212	-5%	0%
Capital Network (UK) - 06.00 - 10.00am**	H	2762	2785	2792	1%	0%
Capital XTRA (UK) - 06.30 - 10.00am	H	618	605	593	-4%	-2%
Classic FM - 06.30 - 10.00am	H	1981	1896	1857	-6%	-2%
GB News Radio - 06.00 - 09.30am	Q	237	278	225	-5%	-19%
Gold Radio UK - 07.00 - 11.00am	H	723	794	775	7%	-2%
Greatest Hits Radio - 06.00 - 10.00am	H	3320	2757	2836	-15%	3%
Heart Network (UK) - 06.30 - 10.00am**	H	4303	4259	4299	0%	1%
Hits Radio - 06.00 - 10.00am	H	1827	1454	1360	-26%	-6%
KISS - 06.00 - 10.00am	Q	547	523	588	7%	12%
LBC (UK) - 07.00 - 10.00am	H	1384	1397	1436	4%	3%
Magic - 06.00 - 10.00am	Q	862	949	794	-8%	-16%
Planet Rock - 06.00 - 10.00am	Q	452	510	501	11%	-2%
Smooth Radio Network (UK) - 06.00 - 10.00am	H	2414	2365	2315	-4%	-2%
Talk (was TalkRadio) - 06.00 - 10.00am	H	235	336	312	33%	-7%
talkSPORT - 06.00 - 10.00am	H	1307	1360	1320	1%	-3%
Times Radio - 06.00 - 10.00am	H	304	296	319	5%	8%
Virgin Radio Network - 06.30 - 10.00am	H	776	657	645	-17%	-2%
Radio X Network (UK) - 06.30 - 10.00am	H	996	1082	1054	6%	-3%

• ** excludes Scotland

RAJAR DATA RELEASE Q1 2026 – May 14th 2026



BREAKFAST SHOWS (WEEKDAYS) LONDON STATIONS

Please note: the table below does not list national radio stations which are listened to in the London area

STATIONS	SURVEY PERIOD	WEEKLY REACH	WEEKLY REACH	WEEKLY REACH	% CHANGE	% CHANGE
		'000s	'000s	'000s	REACH Y/Y	REACH Q/Q
<i>Time period varies per station</i>		Q1 25	Q4 25	Q1 26	Q1 26 vs. Q1 25	Q1 26 vs. Q4 25
LONDON STATIONS - MON-FRI						
BBC Radio London - 06.00 - 10.00am	Q	108	138	150	39%	9%
Capital London - 06.00 - 10.00am	Q	649	615	602	-7%	-2%
Capital XTRA (London) - 06.30 - 10.00am	Q	332	240	210	-37%	-13%
Gold Radio London - 07.00 - 11.00am	Q	138	163	145	5%	-11%
Greatest Hits Radio (London) - 06.00 - 10.00am	Q	397	278	238	-40%	-14%
Heart London - 06.30 - 10.00am	Q	783	629	715	-9%	14%
Hits Radio (London) (was KISS (London)) - 06.00 - 10.00am	Q	198	103	159	-20%	54%
LBC London - 07.00 - 10.00am	Q	743	720	808	9%	12%
LBC News (London) - 06.00 - 10.00am	Q	111	141	204	84%	45%
Magic (London) - 06.00 - 10.00am	Q	424	416	342	-19%	-18%
Smooth Radio London - 06.00 - 10.00am	Q	315	285	349	11%	22%
Radio X London - 06.30 - 10.00am	Q	182	200	183	1%	-9%